

Alto / Bari Sax

Four Week Jam Pack

for Early Jazz Saxophone

Week One: Activating the Four Main Jazz Syllables: Do, Dit, Dot, Dah

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A Medium Swing Feel

"Do" "Dit" "Dot" "Dah" Do Dot Dot Do Do-Dit Dot Dot Dah

(say the jazz syllable sounds in your mind while you play)

C Swinging the Concert Bb Major Scale

D Clap and Say These Rhythmic Sounds Out Loud: Do Dit Do Dit Do Dit Do Dot

New Melody: C Jam Blues a.k.a Duke's Place (by Duke Ellington)

E *Week Two: Exploring the Minor Blues Scale*

42 *Concert Bb Minor Blues Scale*

F *Swinging the Concert Bb Minor Blues Scale*

54 *Building a New Blues Phrase with More Active Tonguing*

58 *Using a Breath Accent Instead of the Tongue on the Off-Beats*

G *New Melody: Sonnymoon For Two (by Sonny Rollins)*

H Week Three: Expanding a Melody

74 Gaining Flexibility on the Concert Bb Major Scale

Musical staff 74-77: Treble clef, key signature of two flats. Measures 74-77. Dynamics: *mp*, *cresc...*, *f*.

Musical staff 78-81: Treble clef, key signature of two flats. Measures 78-81. Dynamics: *decresc...*, *mp*, *fp*.

82 Moving Down, Then Up with a Diatonic Scale Shape

Musical staff 82-85: Treble clef, key signature of two flats. Measures 82-85. Dynamics: *f*, *mp*, *f*, *mp*.

Musical staff 86-89: Treble clef, key signature of two flats. Measures 86-89. Dynamics: *sim...*.

Musical staff 90-93: Treble clef, key signature of two flats. Measures 90-93. Dynamics: (rhythm!).

I Four-Note Melodic Phrase

Musical staff 94-97: Treble clef, key signature of two flats. Measures 94-97. Dynamics: *mf*.

Musical staff 98-101: Treble clef, key signature of two flats. Measures 98-101.

Musical staff 102-105: Treble clef, key signature of two flats. Measures 102-105.

Musical staff 106-109: Treble clef, key signature of two flats. Measures 106-109.

J Rhythmic Practice with Two-bar Syncopation

Musical staff 110-113: Treble clef, key signature of two flats. Measures 110-113. Dynamics: *f*, *fp*.

K Two-Bar Syncopation with the Concert Bb Major Scale

Musical staff 114-117: Treble clef, key signature of two flats. Measures 114-117. Dynamics: *f*, *fp*, *sim...*.

Alto / Bari Sax

4

116

Musical staff 116-119: Treble clef, 4/4 time. Measures 116-119 show a sequence of eighth notes with accents and slurs, including a grace note in measure 116.

120

Musical staff 120-123: Treble clef, 4/4 time. Measures 120-123 continue the sequence of eighth notes with accents and slurs, including a sharp sign in measure 121.

124

Musical staff 124-127: Treble clef, 4/4 time. Measures 124-127 continue the sequence of eighth notes with accents and slurs, including a sharp sign in measure 124.

128

Musical staff 128-131: Treble clef, 4/4 time. Measures 128-131 continue the sequence of eighth notes with accents and slurs.

132

Musical staff 132-135: Treble clef, 4/4 time. Measures 132-135 continue the sequence of eighth notes with accents and slurs, ending with a double bar line and repeat sign.

136 **L** *A New Four Note Shape*

Musical staff 136-139: Treble clef, 4/4 time. Measures 136-139 feature a four-note shape exercise with slurs and accents, starting with a dynamic marking of *mf*.

140

Musical staff 140-143: Treble clef, 4/4 time. Measures 140-143 continue the four-note shape exercise with slurs and accents.

144

Musical staff 144-147: Treble clef, 4/4 time. Measures 144-147 continue the four-note shape exercise with slurs and accents, ending with a double bar line and repeat sign.

148 **M** *No. 1 Rhythmic Practice with a Count-Off*

Musical staff 148-149: Treble clef, 4/4 time. Measures 148-149 show rhythmic practice with a count-off. The count-off is: 1 2 3 Dot Dot Do Dot Dot. The notes are quarter notes with accents.

No. 2 Rhythmic Practice with a Count-Off

Musical staff 150-151: Treble clef, 4/4 time. Measures 150-151 show rhythmic practice with a count-off. The count-off is: 1 2 3 Dot Dot Do Dot Dot Dot Do Dot Dot Dot Do Do Dah Do Do Do Dah Do Dot. The notes are quarter notes with accents, ending with a double bar line and repeat sign.

N *New Melody: Tenor Madness* (by Sonny Rollins)

Musical notation for measures 145-150. The key signature is one flat (B-flat major/D minor) and the time signature is 4/4. The notation includes eighth notes, quarter notes, and quarter rests. A dynamic marking of *f* is placed below the first measure. Accents are placed above several notes.

Musical notation for measures 151-154. The notation continues with eighth notes, quarter notes, and quarter rests. Accents are placed above several notes.

Musical notation for measures 155-160. The notation includes eighth notes, quarter notes, and quarter rests. Accents are placed above several notes. The piece concludes with a double bar line.

*(play only
on repeat)*

O *Week Four: Improvising on the Minor Blues Scale and Exploring Chromatic Movement*

159 *Review: The Minor Blues Scale*

mp *f* *f*

165 **P** *Example Solo Using the Concert Bb Minor Blues Scale!*

mf

fp

177 **Q** *Use the Concert Bb Minor Blues Scale to Create Your Own Improvisation!*

189 **R** *Theory: Enharmonic Notes (same sound, different name)*

194 **S** *Chromatic Scale in One Octave*

194 *mf*

198

202 **T** *Swinging the Chromatic Scale with Do Dits*

202 *mf*

209

216 **U** *Two-bar Syncopation with the Chromatic Scale (same rhythms as letters J and K)*

216 *mf* *fp* *sim...*

220

224

228

232

Alto / Bari Sax

8

236 *Two-bar Syncopation with Quick Moving Chromatic Notes*

Musical notation for measures 236-239. The key signature has one flat (B-flat). The melody consists of quarter notes and eighth notes with syncopation. Measure 236: B4, A4, G4, F4. Measure 237: E4, D4, C4, B3. Measure 238: A3, G3, F3, E3. Measure 239: D3, C3, B2, A2.

240

Musical notation for measures 240-243. Measure 240: G2, F2, E2, D2. Measure 241: C2, B1, A1, G1. Measure 242: F1, E1, D1, C1. Measure 243: B0, A0, G0, F0.

244

Musical notation for measures 244-247. The key signature changes to two sharps (D major). Measure 244: D4, C4, B3, A3. Measure 245: G3, F3, E3, D3. Measure 246: C3, B2, A2, G2. Measure 247: F2, E2, D2, C2.

248

Musical notation for measures 248-251. Measure 248: B3, A3, G3, F3. Measure 249: E3, D3, C3, B2. Measure 250: A2, G2, F2, E2. Measure 251: D2, C2, B1, A1.

V *New Melody: Boogie Stop Shuffle* (by Charlie Mingus)

252

Musical notation for measures 252-255. Measure 252: D4, C4, B3, A3. Measure 253: G3, F3, E3, D3. Measure 254: C3, B2, A2, G2. Measure 255: F2, E2, D2, C2. The dynamic marking *mf* is present. A dashed line labeled "Blues Scale" spans from measure 252 to 255.

256

Musical notation for measures 256-259. Measure 256: B3, A3, G3, F3. Measure 257: E3, D3, C3, B2. Measure 258: A2, G2, F2, E2. Measure 259: D2, C2, B1, A1.

260

Musical notation for measures 260-263. Measure 260: G3, F3, E3, D3. Measure 261: C3, B2, A2, G2. Measure 262: F2, E2, D2, C2. Measure 263: B1, A1, G1, F1. A dashed line labeled "chromatic scale" spans from measure 260 to 263.